

TITAN SOCCER SPRING WORKOUT SCHEDULE

- **MONDAYS AND WEDNESDAY 3:10-4 Soccer Field 2**
 - **TUESDAYS: 3:10-4 Weight Room**
 - **Goalkeepers will Train until 4 pm.**

April

Sun	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
			1	2	3	4
5	6	7	8	9	10 No School	11
12 Easter Sunday	13 Workout GK Training	14 Individual Lift	15 Workout GK Training	16	17	18
19	20 Workout GK Training	21 Individual Lift	22 Workout GK Training	23	24	25
26	27 Workout GK Training	28 Individual Lift	29 Workout GK Training	30		

May

Sun	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
					1	2
3	4 Workout GK Training	5 Individual Lift	6 Workout GK Training	7	8	9
10	11 Workout GK Training	12 Individual Lift	13 Workout GK Training	14	15	.
17	18 Workout GK Training	19 Individual Lift	20 Workout GK Training	21	22	23
24	25 Memorial Day No School	26 Individual Lift	27 Workout GK Training	28	29	30