



The Traverse City West Cheer Team will be hosting their Fall Jr. Cheer Clinic Camp at West Senior High School on Saturday September 11th 2010 from 9:30am to 12:30. Ages Pre K to 5th grade. Cost is \$25 per child you will receive a Cheer Clinic T-Shirt along with admission to a Varsity Football Game.

At the end of camp all participants will be invited to cheer with the Varsity Cheer Team at our home game on Friday September 17th 2010 for the first half of the game. We will perform our learned routine & cheers at half time.

WHEN: Saturday, September 11, 2010

Time: 9:30am to 12:30 pm

WHERE: Traverse City West Senior High School

5376 N. Long Lake Road

Traverse City MI 49684

COST: \$25

STAFF: Traverse City West Cheer Teams & Coaching Staff

CLINIC FEATURES: Learn Chants, Jumps and Tumbling, Dance and HAVING FUN!!!!

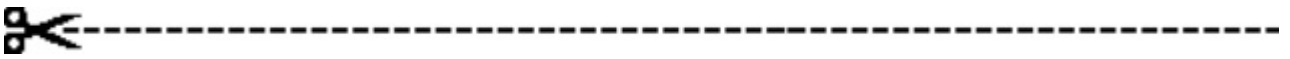
CHECKS PAYABLE TO: Titan Athletic Boosters

MAIL TO: 9718 Schichtel Road, Kingsley MI 49649

Other Information: Please provide your own lunch and water bottle. Wear athletic shoes, t-shirt, and gym shorts or sweats-please no jewelry, any additional questions Contact Erin Lord @ titancheerleading@hotmail.com or 231.633.2036

Jr Cheer Clinic Fall Schedule 2010 (subject to changes!))

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| 8:45-9:15 Registration |
| 9:30- Welcome & Introduction |
| 10:00- Basic Motions & Meet Private coaches |
| 10:30- Cheers/Dance |
| 11:00- Jumps |
| 11:30-11:45 Lunch/Snack |
| 11:45-12:15- Cheers/Dance |
| 12:15-12:30- Review of Material-Parents Welcome! |
| 12:30 Parent pick-up |
| <p style="text-align: center;">Cheerleader Checklist</p> <ul style="list-style-type: none">○ Water bottle○ Lunch○ Athletic Shoes○ Comfortable Clothes○ Hair out of face○ Positive attitude○ Smile |



Name: _____ Grade: _____

Home Address: _____ EMAIL _____

Phone: _____ School: _____

Emergency Contact: _____ Phone: _____

Parent/Guardian (print): _____

Signature: _____ Date: _____